

# BIBLE READING: A Guide

**FAITH  
BLOCKS**

## PREPARE

Commit. Don't go to sleep without reading.  
Set a regular time.

1. Ask the Holy Spirit to help you .
2. Read a few verses/para/a chapter.
3. Read aloud (atleast 3 times).
4. Notice what speaks most to you.
5. Underline or write it down.
6. Reflect on it throughout the day.
7. Write down what it is saying to you.
8. Choose one way you will apply it.
9. Resolve to do it.
10. Thank Jesus for speaking to you.

**When we pray, we speak to  
God; but when when we read,  
God speaks to us. -St. Jerome**

